



About Leapsmart Classes in Preschools and Daycare

Class Descriptions

Creative Movement

We work on mathematical concepts of shape, sequencing, patterning and counting, the ABC's, story structure, problem solving, teamwork, body awareness, balance, stretching, coordination and creative movement invention. With a variety of music and props, each class will take the children on a journey that will inspire their imaginations and channel their energy in a productive way. They will be encouraged to solve problems, be respectful and gain confidences as they stretch beyond preconceived limitations.

Tumbling for Toddlers

Leapsmart gymnastics uses a fun and creative approach to teach the discipline and excitement of this wonderful sport. Children will learn basic gymnastic skills, progressions and vocabulary while improving their strength, flexibility, balance, coordination and confidence. Children will also practice important listening and safety skills while working independently and as a team on a variety of exciting preschool gymnastics equipment.

Yoga Adventures

This class combines the structure and excitement of a creative movement class with yoga positions and imagery. Not your traditional meditative yoga, this class incorporates music, props and an active pace, while teaching children the basic yoga poses. It's a different adventure each class!

Dance A Story

Dance a Story encourages literacy for children as each class brings a different story to life through movement and song. Children listen to a story and do related movement activities focusing on sequencing and character development. Dance a Story helps your child to understand how a narrative is constructed. We encourage him/her to express thoughts and feelings through movement and to recognize motivations and character traits. It is creative movement with a dramatic component as well.



How Leapsmart in Schools Work

- Classes are available in Manhattan, Brooklyn, Queens, Bronx and Jersey City.
- *Leapsmart* teachers bring everything they need for the class to your school.
- Classes are for children ages 3 to 5
- An adequate amount of space to move around is necessary. Classroom furniture can be moved around to make for more room.
- *Leapsmart* teachers can be scheduled to come to your school one time only for a special enrichment day or regularly on a weekly, bi weekly or monthly basis.
- Each session is 20 to 45 minutes according to your school's needs.

Cost

Classes are between \$120 to \$160 an hour depending on the type of class requested.

Call or email Janis to schedule an in home *Leapsmart* class!

1800-704-8862

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